



40 OVER DETAILED MATCH DAY RULES – Stage 3 Premier League (Mixed)

DECODIDITION	This formet is successive for allower with
DESCRIPTION	This format is appropriate for players with
	developed skills who are ready to apply them in
	the full dimensions of the game – it is aligned to
	adult cricket on a full-length wicket with 11
	players.
AGE	U15-U18
	Players are not permitted to play up in age in this format
COACU	without dispensation
	Accredited Community (Level 1) Coach
GAME TYPE	• 40 over game (maximum)
BALL	156g PINK two-piece leather
TIME	• Friday afternoon
	Toss: 15 minutes before game start time Sist Innings start: 4 20nm
	 First Innings start: 4.30pm First Innings Complete: 6.40pm
	• Second Innings start: 4.30pm / 6.50pm
	 Second innings start: 4.50pm / 0.50pm Second innings complete: 6.40pm / 9.00pm
	• 270 mins (4.5hrs) over two consecutive weeks
	or on one night where appropriate lighting is
	available
	Please refer to NJCA Playing Conditions
	document for adjustments required for match
	interruptions and penalties for slow over rates
	• Once the match has commenced, guidance
	from coaches must only occur at the fall of
	wicket or between overs, and in any event
	must not impact on the pace of the match
EQUIPMENT	• Helmets must be worn at all times whilst
	batting & wicket-keeping.
	Leg and Thigh Pads
	• Gloves
	 Protector (males)
	Additional safety equipment can be worn
	based on match conditions and/or personal
	preference.
	 2 sets of stumps with bails.
	 Bat size as appropriate to player height
	 Measuring tape or string to measure
	boundary.
	Boundary markers
	Chalk to mark crease centre if on synthetic
BOUNDARY	• 55m (maximum).
	Boundary to be measured from the centre of
	the pitch. • Hard wicket or Turf wicket
PITCH TYPE	
AND LENGTH	20.1m (standard pitch length)
OVERS TEAM	40 over maximum per team 11 players per team
	11 players per team7 players per team minimum are required to
	• 7 players per team minimum are required to play the game
	 Maximum 12 players per team
INNINGS	One innings of 40 overs (maximum) per team
	Format to include:
	• Some matches to be played in a single
	day/night format;
	 Some matches to be played as one innings
	per week across two consecutive weeks
	• If, for a two day match, a team is bowled out
	inside their allotted overs in the first week, the
	second innings can commence on Day 1 by
	agreement of both teams, but play will still
	cease at the nominated time for the format.

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	• If a two-day match achieves a results on the
	first day of play, there is no play on the second day of play.
DATTING	
BATTING	There is no compulsory retirement
	• Any player who faces more than 60 balls in an
	innings must not bat higher than No. 5 in the
	next batting innings for their team; except that
	this rule does not apply where the next innings
	is a finals series match
	• If the team has more than 11 players, those
	that did not bowl should bat
	 All balls (regardless of whether wides / no
	balls) will be included in the batter's ball count
	• The innings is deemed as closed after 10
	wickets have fallen or the batting team has
	completed their allotted overs
	• Each team must declare their team on the
	Team Sheet or the scorebook, including their
	nomination of the 12 th (non-batting) player
	prior to the Toss of the Coin;
	 When playing on synthetic, players should not
	mark the 'centre' by scraping marks with their
	shoes and/or bat as this damages the playing
	surface.
BOWLING	 6 balls per over (All Wides and no-balls are to
	be re-bowled to a maximum of 8 per over,
	except in the last over where all no balls and
	wides shall be re-bowled)
	 A minimum of 5 players must bowl.
	 There is a maximum of 7 overs per bowler
	 Bowlers change ends every ten overs.
	 Maximum spell: 4 overs
	 Spell Break: 15 overs to elapse between
	completion of first over and commencement
	of fifth over
	• The bowling order should be rotated from
	match to match
	• The nominated 12 th player may wicket keep
	and/or bowl
FIELDING	• There is no requirement to rotate fielding
	positions during the match
	• No fielders within 10 metres (except
	regulation off side slips, gully and wicket
	keeper).
	 Those players that did not bat in the first
	innings should bowl or wicket-keep in the
	second innings.
	 If a team has less than 11 players present, they
	may request fielding assistance from the
	opposition team, however there is no
	obligation on the opposition team to provide
	fielders. If fielders are provided, they should
	be place in non-catching positions where
	possible.
	• The bowling order should be rotated from
	match to match
DISMISSALS	• All modes of dismissal count, except as noted
	below regarding LBW.
	• LBW only counts as a mode of dismissal when:
	 An official umpire is present; or
	 If no official umpires is present, LBW will
	only apply if both coaches agree prior to





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	the commencement of the match that they are confident and competent to determine LBW appeals
UMPIRES	 When one official umpire is in attendance, the provision of a square leg umpire is the responsibility of the batting team When no official umpires are in attendance, the square leg umpire shall be a responsible representative of the batting team.

REPLACEMENT	 Players may be Replaced between the first and
PLAYERS	second weeks of a two day game for
	acceptable reasons by prior agreement of the
	coaches.
	 The Replacement Player should be considered
	a 'like-for-like replacement, in terms of batting / bowling strengths.
	• If the coaches are unable to agree, then the
	decision sits with the NJCA rules and
	competitions committee (or executive if unavailable);
	Replacement Players should be notified to the
	NJCA administrator before the
	commencement of the second day's play, in
	any event
	 Any Replacement player inherits the status of
	the player they are replacing in terms of overs
	already bowled and subsequent overs
	available, and/or wickets already fallen, where applicable
	• If a two-day fixture is completed in one day,
	players cannot play in another team for their
	club on the second day of the same round,
	unless approved by NJCA
	• Players cannot be Replaced on the same day
	that play commenced. Once play has
	commenced for the day, and the team has
	been declared, only fielding Substitutes can be
	made on the same day
	 Refer to NJCA Detailed Match Day Rules
	Supplement document for more information
	on Replacement / Substitute and Fill-In
	Players